

Pet's Name: _____



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Mobility Questionnaire

In general, how do you rate your pet's health?

- ☐ Excellent ☐ Very good ☐ Good ☐ Fair ☐ Poor

Has your pet seen a veterinarian because of joint pain, stiffness or limping?

- ☐ No ☐ Yes Details: _____

Living in pain can lead to changes in behavior, which can be hard to read in a pet. On average, would you say your pet (choose one):

- ☐ Seems completely uninterested in its surroundings; sleeps all the time?
☐ Will show interest, but no longer comes to greet you?
☐ Is mostly interested in life and food, but reluctant to play?
☐ Plays only when encouraged, and not for long?
☐ Has no change in personality?

Has your pet's activity level changed? If yes, select all that apply:

- ☐ Seeks more affection than usual ☐ Has difficulty getting up from a lying position
☐ Lies very still ☐ Shows trembling ☐ Reluctant to move
☐ Becomes restless ☐ Repetitively gets up and lies down
☐ Shows circling ☐ Other: _____

Has your pet's appetite or thirst changed?

- ☐ Yes ☐ No

Does your pet have trouble in areas where he/she never used to need assistance?

- ☐ Cannot manage any steps without assistance ☐ Cannot jump onto furniture without assistance
☐ Cannot manage a full flight of steps ☐ Cannot get into the vehicle without assistance
☐ Manages a full flight of stairs, but has difficulty ☐ Has no problems jumping
☐ Can only go UPstairs without assistance ☐ Has difficulty posturing to urinate/defecate
☐ Can only go DOWNstairs without assistance
☐ No problems on stairs

Has your pet become protective of him/herself?

- ☐ Protects hurt body part ☐ Hides
☐ Doesn't put weight on a limb ☐ Limp
☐ Doesn't want to be held or picked up ☐ Other: _____

Does your pet have pain, swelling or stiffness?

- ☐ Yes, in many joints ☐ Yes, in a few joints ☐ Yes, in 1 joint ☐ Very rarely ☐ Never

How long does it take before your pet starts getting tired, starts limping or stops walking?

- ☐ Less than 5 minutes ☐ More than 30 minutes/my pet does not get tired
☐ 10 - 20 minutes ☐ Does not show signs until finished walking and rests for a while

Does your pet favor one side of its body more than the other?

☐ No ☐ Yes (details: _____)

Does your pet's signs of pain begin slowly or suddenly?

☐ Slowly, over the course of a few months ☐ Suddenly, within days or a few weeks
☐ No Signs

Has the joint pain suddenly gotten worse?

☐ Within the past few days ☐ Within the past few weeks ☐ Not applicable

In the morning, are the affected areas stiff for more than half an hour?

☐ Yes ☐ No ☐ There is no morning stiffness

Has your pet had joint/bone injury or surgery?

☐ No ☐ Unsure ☐ Yes (details: _____)

Which of the following methods do you use to manage your pet's pain, swelling or stiffness?

(Check all that apply):

- ☐ Physical activity/exercise
☐ Nutritional supplements
☐ Weight management
☐ Physical rehabilitation/chiropractic/massage
☐ Cold or heat treatment
☐ Medication
☐ Other: _____
☐ None of the above

Which medication(s) do you currently give your pet?

- ☐ Prescription medication from your vet: _____
☐ Over-the-counter medication: _____
☐ Aspirin: _____
☐ Glucosamine human medication (brand): _____
☐ Veterinary joint supplement (brand): _____
☐ Herbal medication: _____
☐ Other: _____
☐ None

Does your pet have any of the following conditions?

- ☐ Kidney disease ☐ Skin disease ☐ Liver disease
☐ Active infection ☐ Lung disease ☐ Cardiovascular disease
☐ Bladder problems ☐ Other: _____

Is there anything else we should know about your pet?
